

# Discovery North Western 7 Days



## Brief itinerary

Day	Itinerary Description	Overnight
Day 1	Hanoi - Nghia Lo: Embracing Heritage and Culture	Hanoi
Day 2	Nghia Lo - Mu Cang Chai: The Road Less Traveled	Mu Cang Chai
Day 3	Mu Cang Chai Trekking: Capturing Nature's Beauty	Mu Cang Chai
Day 4	Mu Cang Chai - Tan Uyen - Sapa: Hidden Treasures Await	Sapa
Day 5	Sapa - Lao Chai – Ta Van: Cultural Encounters	Sapa
Day 6	Ta Van – Giang Ta Chai - Sapa: Journey's End	Hanoi
Day 7	Sapa – Ma Tra – Ta Phin - Hanoi: Reflecting on Memories	Hanoi

## Detailed Itinerary



## Day 1: Hanoi - Nghia Lo: Embracing Heritage and Culture



At around 8:00 am, your adventure with AsiaTourAdvisor begins as our expert guide and driver pick you up for the journey to Nghia Lo. En route, we'll pause to explore the historic Duong Lam village, a national architectural treasure. Here, centuries-old traditional Vietnamese houses stand as a testament to the country's rich heritage. We delve into the village, visiting a typical house, and immersing ourselves in local architecture and traditions.

Our scenic drive then continues towards Yen Bai, where we venture into the realm of the Thai minority. In the afternoon, we embark on a walk to a Thai village characterized by houses perched on stilts. Here, amidst this charming community, we capture the essence of daily life through our camera lens. Your overnight stay awaits in Nghia Lo.

**Meals:** None, Lunch/Dinner at local favorite restaurant

**Accommodation:** Hanoi hotels



## Day 2: Nghia Lo - Mu Cang Chai: The Road Less Traveled





Awaken to the serenity of Nghia Lo and savor an early breakfast. A visit to the town's vibrant market will immerse you in the local culture as tribal people bring forth their fresh produce and goods. Our journey then takes us further north, stopping by a picturesque Thai village along the way, where we'll photograph the captivating Thai community in their stilted houses.

Continuing our path, we reach Tu Le, a charming mountain town renowned across the country for its sticky rice. Here, we indulge in local specialties for lunch before further exploring a deep valley adorned with terraced rice fields.

In the afternoon, we drive onward to Mu Cang Chai, a pristine, non-touristy mountain town. Check in to our homestay and relish the refreshing mountain air.

**Meals:** Breakfast at the dining lounge, Lunch/Dinner at local favorite restaurant

**Accommodation:** Mu Cang Chai hotels



### Day 3: Mu Cang Chai Trekking: Capturing Nature's Beauty



Today, we venture into the heart of Mu Cang Chai's stunning landscapes. We begin our journey with an uphill walk, eventually reaching a valley where vibrant rice terraces extend as far as the eye can see. Opportunities to capture the breathtaking scenery, replete with locals diligently harvesting their crops, abound.

After a well-deserved lunch break at a local restaurant, we continue to explore a nearby H'Mong minority village nestled amid the hills. Here, we engage with the locals, gaining insights into their daily lives. Your evening is free to savor your dinner and rest in Mu Cang Chai.

*What's included: Private car transfer, English-speaking guide, breakfast, lunch, dinner, entrance fees, homestay in Mu Cang Chai.*

**Meals:** Breakfast at the dining lounge, Lunch/Dinner at local favorite restaurant

**Accommodation:** Mu Cang Chai hotels



**Day 4: Mu Cang Chai - Tan Uyen - Sapa: Hidden Treasures Await**





This morning, we set out for another valley close to Mu Cang Chai town, offering a panoramic view of the entire town enveloped by terraced rice fields. The morning presents perfect photo opportunities, capturing water buffaloes and villagers engaged in rice harvesting.

Our journey continues from Mu Cang Chai to Than Uyen, where we'll enjoy lunch. Subsequently, we embark on a trek to the rice fields, photographing the Thai minority as they gather their rice crops. After a 40-kilometer drive to Tan Uyen, we venture into a hidden tea plantation, where locals hand-pick tea leaves against a backdrop of breathtaking scenery.

Finally, we proceed to the enchanting town of Sapa, where you'll have the afternoon to explore the town's market and enjoy free time. Overnight in Sapa.

*What's included: Private car transfer, English-speaking guide, breakfast, lunch, dinner, entrance fees, overnight at a hotel in Sapa.*

**Meals:** Breakfast at the dining lounge, Lunch/Dinner at local favorite restaurant

**Accommodation:** Sapa hotels



## **Day 5: Sapa - Lao Chai – Ta Van: Cultural Encounters**



After breakfast and hotel check-out, prepare for your Sapa adventure. We begin our trek, embarking on a 20-minute walk through the town before veering onto a dirt road leading to Ma Tra Village. Here, the Black H'Mong ethnic community thrives. We continue our journey through the village, down to the Muong Hoa River along Y Linh Ho valley, and arrive at Lao Chai village, home to the Black H'Mong people.

The Black H'Mong are one of the prominent minority groups in the Sapa region, known for their rich culture and traditions. They don distinctive indigo blue clothing and boast their own language.

We continue our trek to Ta Van village (1,200 m), home to the Zay people. The Zay minority, with a population of around 38,000, primarily inhabit the mountainous regions of Northwest Vietnam. Although modernization has impacted some of their traditional customs, many women still adorn themselves with traditional shirts in vibrant shades of purple, blue, or green.

Check in at your room before enjoying a leisurely one-hour party for dinner, accompanied by music and the chance to savor some local wine and soft drinks.

*What's included: Private car transfer, English-speaking guide, breakfast, lunch, dinner, entrance fees, private homestay in the valley.*

**Meals:** Breakfast at the dining lounge, Lunch/Dinner at local favorite restaurant

**Accommodation:** Sapa hotels





## Day 6: Ta Van – Giang Ta Chai - Sapa: Journey's End



Following breakfast among the locals, marvel at the stunning morning scenery. Leave the village behind and continue to the picturesque Muong Hoa River, where you'll have the opportunity to capture photos of the river, lush rice terraces, water buffalos, and villagers immersed in the rice harvesting process.

We then bid farewell to Mu Cang Chai and head for Than Uyen, a town celebrated for its vibrant sticky rice dishes. Savor your lunch here before embarking on a hidden tea plantation adventure. The landscape is nothing short of breathtaking, with tea plantations stretching to the horizon.

Our journey culminates in Sapa, where you'll have free time in the late afternoon to explore the town's market and indulge in personal pursuits. Overnight in Sapa.

*What's included: Private car transfer, English-speaking guide, breakfast, lunch, dinner, entrance fees, overnight at a hotel in Sapa.*

**Meals:** Breakfast at the dining lounge, Lunch/Dinner at local favorite restaurant

**Accommodation:** Hanoi hotels



## Day 7: Sapa – Ma Tra – Ta Phin - Hanoi: Reflecting on Memories



After breakfast and hotel check-out, set out on a walk through the town for approximately 20 minutes before embarking on a dirt road to Ma Tra Village. Here, the Black H'Mong ethnic group resides, offering a unique opportunity to witness their daily lives.

Continuing our journey, we pass through paddies fields to reach an ancient Catholic abbey constructed during the French colonial era. Walk an additional 2 km to arrive at Ta Phin Village, where you'll explore the daily lives of the Red Dzao ethnic group. This is an excellent opportunity for souvenir shopping, as you can acquire hand-made textiles and brocades created by the local people.

We'll have lunch at a local restaurant before returning to Hanoi, where you will reach your hotel at approximately 7:00 pm.

Your unforgettable Vietnam Tour with TrekkingSapa.com concludes. Farewell and see you next time! Asia Tour Advisor can arrange additional customized trips for you if the above itinerary does not match your expectations. And if you're eager to explore more of our country, explore our Vietnam tours for an array of options.

*What's included: Private car transfer, English-speaking guide, breakfast, lunch, entrance fees.*

*Note: The above itinerary has been meticulously crafted to offer you an exceptional experience. However, slight variations may occur due to weather conditions, the availability of homestays, and other factors beyond our control. The content remains the same while the order of activities may change.*



**Meals:** Breakfast at the dining lounge, Lunch at local favorite restaurant

**Accommodation:** Hanoi hotels

# Booking Policy

## What's Included

- Private car for airport pick up
- Accommodation at hotels and homestay
- Hotel accommodation in shared twin or shared double room with daily breakfast
- Meals as mentioned (B = Breakfast, L = Lunch, D = Dinner)
- Water puppet tickets
- Private local English speaking guide
- Private car transfer
- Entrance fee
- Purified water and wet towel

## What's Excluded

- Meals and drinks not mentioned in the itinerary
- Visa fee upon arrival in Vietnam
- Tips and personal expenses including personal insurance
- Any service not clearly mentioned in the itinerary
- Hotel early check in & Late check out
- Peak season surcharge & compulsory dinner at the hotel
- Supplement for French, Spanish, Italian and German speaking guide

## Cancellation by Customer

- Cancellation received before 60 days: FREE of charge
- Cancellation received from 30 days to 59 days prior arrival date: 10% of total rate
- Cancellation received from 15 days to 29 days prior arrival date: 30% of total rate
- Cancellation received from 7 days to 14 days prior arrival date: 50% of total rate
- Cancellation received less than 7 days prior arrival date or No show: 100% of total rate

## Children Policy



- The rate for children applicable for one child sharing a twin or double cabin with two adults
- For infant
- 04 - 11 years old without bed: 50% adult rate
- 04 - 11 years old with extra bed: 75% adult rate
- 04 - 11 years old in twin share: 90% adult rate
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## Why us

100% Local Expert	24/07 Support
Best Customer Values	Price Beat Guarantee
100% Customer Satisfaction	100% Money Back Guarantee
Save up to 50%	Unique Tailor-made Tours