

# Sapa Experience daily Life 4 Nights



## Brief itinerary

Day	Itinerary Description	Overnight
Day 1	Night train from Hanoi to Lao Cai	Hanoi
Day 2	Sapa Tour - Ma Tra - Ta Phin	Sapa
Day 3	Ta Phin - Sapa –Y Ling Ho - Lao Chai - Ta Van villages	Sapa
Day 4	Ta Van - Giang Ta Chai – Su Pan villages - Sapa - Hanoi	Sapa
Day 5	Hanoi arrive	Hanoi

## Detailed Itinerary



**Day 1: Night train from Hanoi to Lao Cai**



20.30pm – **Asia Tour Advisor**'s tour guide come to pick you up from your hotel then transfer to Ha Noi Railway Station and catch the night train to Lao Cai (overnight on the train, the cabin with 4 berths, soft sleeper and air-conditioning). Arrive Lao Cai 5:30 or 6:00am.

*Sapa is the focal point for mountain travel in Vietnam, and is a riot of colour and atmosphere as people from the myriad ethnic minorities of the hills gather in the markets. The 'Flower Hmong' wear rainbow-coloured smocks, while the Red Dao's traditional costume is a more muted indigo but topped off with a bright red headdress. When all of the mountain people congregate, the result is a feast for the eyes and the senses.*

\*\* It takes about 9 hours to go from Hanoi to Sapa by night train.

**What's included:** Tour guide pick up from hotel to Hanoi station, Train tickets in 04 berths sharing cabinet, A/C Wooden Soft sleeper

**Meals:** Breakfast at the dining lounge, Lunch/Dinner at local favorite restaurant

**Accommodation:** Hanoi hotels



## **Day 2: Sapa Tour - Ma Tra - Ta Phin**





The train arrives at around 6:00 am. Look for the “**AsiaTourAdvisor’s Logo & Your Name**” sign when you exit the train station, as our guide will pick you up there and transfer to the former hill station of Sapa.

After having breakfast at local restaurant, Walking through the town for about 20 minutes before turning to a dirt road to **Ma Tra Village**, where inhabited by Black H'mong ethic. Continue trekking up the village and getting through paddies fields will lead you to an ancient Catholic abbey, built by French colonists.

Walk 2 km more to reach **Ta Phin Village** for exploring the daily life of Red Dzao. Here you have a good choices to buy woven and textile brocades, which is made by ethic people and having picnic lunch before exploring village and Ta Phin Cave and small hamlet of Black H'mong people. You will have dinner and overnight at homestay in the Ta Phin village.

With ‘**Homestay**’ experience, your overnight accommodation is provided by a local family in their traditional house-on-silts. There are some private rooms on the first floor for private tour and you will have toilet or bathroom sharing. The sleeping corner is set up with a single mattress (thin, but adequate), blankets (ditto), pillow and mosquito net. The restroom is at standard and a few steps from the main house.

**Approx:** 5 km of trekking with about 4 hours, Over 30 km of driving from Lao Cai to Sapa with about over 1 hour.

**What’s included:** Transfer by private car, English speaking guide, breakfast, lunch, dinner, entrance fees ,homestay in Ta Phin village

**Meals:** Breakfast at the dining lounge, Lunch/Dinner at local favorite restaurant

**Accommodation:** Sapa hotels



### Day 3: Ta Phin - Sapa –Y Ling Ho - Lao Chai - Ta Van villages



Following a breakfast at the homestay, meet your guide in the morning and depart on a second trek from the **Ta Phin village** to Sapa and to Golden Stream valley. The first part is on the road but we soon turn to the right and walk on a small path down the valley to the Muong Hoa River along Y Linh Ho valley and from here lead to the Black H'mong in **Lao Chai village**. Black H'mong is one of the biggest minority groups in the Sapa area. They are proud of their culture and keep their traditions and way of living. They have their own language and wear traditional indigo blue clothing. Continue to **Ta Van village** (1.200 m) to visit Zay people. Zay is a fairly small minority group of about 38.000 people who live mainly in the mountains in **Northwest Vietnam**. The development has meant that some of their old customs have been lost but many women still wear traditional shirts with a purple, blue or green color. Check in the room then you have 1 hour party for dinner ( listening to music, enjoy a little wine & soft drinks).

Approx: 10 km of trekking with about 6 hours

**What's included:** Private car transfer, English speaking guide, breakfast, lunch, dinner, entrance fees, private homestay at village in the valley.

With '**Homestay**' experience, your overnight accommodation is provided by a local family in their traditional house-on-silts. There are some private rooms on the first floor for private tour and you will have toilet or bathroom sharing. The sleeping corner is set up with a single mattress (thin, but adequate), blankets (ditto), pillow and mosquito net. The restroom is at standard and a few steps from the main house.



**Meals:** Breakfast at the dining lounge, Lunch/Dinner at local favorite restaurant

**Accommodation:** Sapa hotels



#### Day 4: Ta Van - Giang Ta Chai – Su Pan villages - Sapa - Hanoi



Following a breakfast with local people, enjoy marvel at the breathtaking scenery morning, then leave the village to continue to visit Red Dao people at **Giang Ta Chai** where we also have short break near by a hanging bridge made from cane and a beautiful waterfall. The Red Dao women have very colorful red embroidery and coins on their clothing. On their head they wear a red scarf. Some of the women have shaved off their eyebrows because of a nice Red Zao Legend. We continue along small paths in the rice fields, cross the Muong Hoa River and trek up to **Su pan village** where you will meet the jeep and transfer back to Sapa. The rest of day free time for exploring local market and Sapa town. **Late afternoon**, the car will pick you up for the night train back to Hanoi. Arrive at Lao Cai train station and take the night train back to Hanoi.

Approx: 8 km of trekking, 10 km of driving back to Sapa and Over 30 km of driving back to Lao Cai .

**What's included:** Private car transfer, English speaking guide, breakfast, lunch, dinner, entrance fees, Train tickets in 04 berths sharing cabinet, A/C Wooden Soft sleeper

**Meals:** Breakfast at the dining lounge, Lunch/Dinner at local favorite restaurant

**Accommodation:** Sapa hotels



#### Day 5: Hanoi arrive



Upon arrival at Hanoi train Station your time with us comes to an end. Here you can catch a taxi back to your hotel by yourself. Finish unforgettable Sapa Tour with **Asia Tour Advisor**. Good bye & see you in the next time! Asia Tour Advisor can arrange additional customized trips for you if the above itinerary does not match your expectations.

**Meals:** Breakfast at the dining lounge, Lunch/Dinner at local favorite restaurant

**Accommodation:** Hanoi hotels

# Booking Policy

## What's Included

- ✓ Tour guide pick up from your hotel to Hanoi train station .
- ✓ Train return tickets in 04 berths sharing cabinet, A/C Wooden Soft sleeper.(If you would like to upgrade to the private 2-berth cabin, please contact us).
- ✓ Local English speaking guide (other language guide is upon your request)
- ✓ Private homestay in the valley
- ✓ Meal as mentioned in program ( B= Breakfast, L = Lunch, D = Dinner ) in the local restaurants or picnics where no suitable restaurant available.
- ✓ Entrance fees, sight seeing fee for all visits as mentioned in the program.
- ✓ Purified water and wet towel
- ✓ Private car transfer in Sapa
- ✓ All taxes and service charge.

## What's Excluded

- ✗ Hotel early check in
- ✗ Other meal, drink, Tip to guide and driver, personal expenses
- ✗ Travel Insurance

## Cancellation by Customer

- ✗ Cancellation received before 60 days: FREE of charge
- ✗ Cancellation received from 30 days to 59 days prior arrival date: 10% of total rate
- ✗ Cancellation received from 15 days to 29 days prior arrival date: 30% of total rate
- ✗ Cancellation received from 7 days to 14 days prior arrival date: 50% of total rate
- ✗ Cancellation received less than 7 days prior arrival date or No show: 100% of total rate

## Children Policy



- The rate for children applicable for one child sharing a twin or double cabin with two adults
- For infant (< 04 years old): FOC *except domestic ticket cost*
- 04 - 11 years old without bed: 50% adult rate
- 04 - 11 years old with extra bed: 75% adult rate
- 04 - 11 years old in twin share: 90% adult rate

## Why us

100% Local Expert	24/07 Support
Best Customer Values	Price Beat Guarantee
100% Customer Satisfaction	100% Money Back Guarantee
Save up to 50%	Unique Tailor-made Tours